

Ukulwisana Nesizungu



1

HLOLA INKINGA

Chaza izimo ezikwenza uzizwe unesizungu.

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Ingabe izenzo zabanye zinesandla ekubeni kwakho nesizungu?
Uma kunjalo, ngayiphi indlela?

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2

ZIHLOLISISE NGOBUQOTHO

Iyiphi indima okungenzeka **ube** nayo ukuze uzithole usunesizungu? (Ngokwesibonelo: Ingabe ulwisana nokuzenyeza? Ingabe uthambekele ekusoleni izisusa zabanye noma uzwela ngokweqile?)

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3

THATHA ISINYATHELO (Galathiya 6:5)

Ukuzizwa unesizungu kungenzeka kungabi *iphutha* lakho, kodwa ucabanga ukuthi yini *okufanele* uyenze?

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Bhala amagama *abantu* ababili ongazama ukwakha ubungani nabo kuleli sonto.

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Bhala *izinto* ezimbili ongazenza kuleli sonto eziyokusiza ukuba unqobe isizungu sakho.

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4

CABANGELA IMIPHUMELA

Ngemva kwesonto, hlola intuthuko yakho. Ingabe isizungu sakho sinciphile? Uma kungenjalo, yiziphi ezinye izinyathelo ongazithatha ukuze uphinde uzame?

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ICEBISO: “Uma ushikashikwa yisizungu, okokuqala zama ukuthuthukisa ubuhlobo osunabo kakade nabanye; okwesibili, funa abangani abasha; okwesithathu, vuselela ubungani obudala. Ukukhuluma nje nomngani wakho wakudala kungakukhuthaza.”—U-Anne.

Ukuze uthole ulwazi olwengeziwe, funda isihloko esikuyi-Internet esithi “Intsha Iyabuza—Kungani Ngingenabo Abangane?” Ngena engosini ethi www.jw.org/zu bese ubheka ngaphansi kwesithi IZIMFUNDISO ZEBHAYIBHELI > INTSHA.