

U Nôngon a Iyol Nyoon

Ka wea nguren hian or yô, i lu u er u ngu tan lilo nahan. Ka wea zungur sha mi la i doo u, kpa shi i cier we iyol! U er nena sha akaa a doon man a vihin a iyol you i lu geman ve u lu tagher a mi laa? Ôr mkaanem ma ior mba i ter kwagh ve heen la, shi na mbamlumun sha mbampin mba ve dondo la.



1

Ka wea hen sha kwagh u hian la nahan, i lu u ken ishima nena?

KA I DOO U WEE? KA I CIER WE IYOLO? shin KA I DOO U SHI I CIER WE IYOLO?

Ka nyi yange i hembra cier we iyol sha kwagh u mgem u ken iyol you shighe u ú hii u hian laa?

Wanyekwase ka nana hii u hian i yina nan ga. Ka u . . . fa kwagh u u lu sha mi jighilii ga. Mgem ne doo sha ma gbenda môm tsô kpa ga!"—Mkaanem ma Oksana, gumkwase ugen.

2

Er u nyôr sha ian i hian, i akaa a lu geman ken a we la, ka i eren we ken ishima nena? Pase er ka i lu u la.

U nenge wer ka nyi akaa nahan i gbe u u er sha u i lu u ken ishima guda?

"Yange m saan miniti môm, ugen di m ure. M fa ga, shin kape mba-yevnomso Mbagenev kpa i lu la-o? Mo yô, ka nahan."—Mkaanem ma Brian, gumor ugen.



3

Er u lu hian ne, u nenge wer mluashe wou ngu nena?

[Empty text box for response]

U pase er i doo u u nengen mluashe wou akuma akuma la nena?

[Empty text box for response]

“Shighe u m hii u hian la, yange m tōô zege sheti m hua, m gbaa eren kwagh gbeemee. Shin er yange m fa kwagh u a ne ve mluashe wam lu geman nahan kpa, ishima doom ga shi lum er m hee nahan. Yange lum dang.”—Mkaanem ma Janice, gumkwase ugen.



4

Er u lu hian ne, u gema nengen kwagh u ishiôr nena?

[Empty text box for response]

Bibilo kaa ér: “Yevese nen idya.” (1 Mbakorinte 6:18) Er nan ve tindi ne a lu u injaa, man ka nyi ia wase u ve u kange ishima u dondo unu?

[Empty text box for response]

“Yange kera lu mbayev nomso cii kwagh ve nyoon mo iyol ga. Mbage-nev hii u doon mo ishima, shi m nenge mer ishiôr ka kwaghbo ga. Jighilii yô, kwagh u asôôr hingir mo kwagh u tan tadi sha mi vea mbagenev.”—Mkaanem ma Alexis, gumkwase ugen.



5

Aluer ka u kwagh u kunya u lamén a mbamaren ou (shin organden u u ne nan jighjigh) sha mbamtaver mba u lu tagher a mi er u lu hian la je kpa, u nenge wer hembra kan a inja u eren nahan gaa? —Ôr Anzaakaa 17:17.

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Ka organden u han u nengen wer u na nan jighjigh kuma u u ôr nan kwagh wouwe?

Blank response box for question 5.

6

Er u lu hian ne, mbamaren ou mba wasen we u nôngon a mbangem mba ken iyol you nena?

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Ka nyi igen kpa u soo wer mbamaren ou ve wase u sha mi?

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“Shighe u m lu hian la, m lu a kunya ken a mo kpishi, luun er mbamaren av yange vea wasem ga yô, ma hembra vihin. Ngôm yange a kaa a mo ér mo me fatyô u lamén a na shi pinen un iwasen hanma shighe cii.”—Mkaanem ma Karina, gumkwase ugen.

“Yange m soon u pasen mbagenev er i lun ken ishima la ga. Yange i sare m er ma m lu a ishima i za lamén a mbamaren av nahan. Alaghga yange mea er nahan yô, ma hembra saan mo iyol shighe u m lu hian a hia la.”—Mkaanem ma Jeremy, gumor ugen.

“Me wase wanye u nan hii u hian la u kaven mer, alaghga shighe ne a lu nan shighe u ican tsung. Nahan kpa, shighe u hian a hia la ngôôr karen ga. Ka kwagh u ka a na ve u va hingir orwan ikyondo je la.”—Mkaanem ma David, gumor ugen.



7

Ka nyi nahan u fatyô u wan wanye u nan hii u hian la kwagh sha mini?



Pine Mbamaren Ou

Shin er alaghga a taver we u nan jighjigh nahan kpa, fa wer mbamaren ou kpa yange ve vande tagher a mbangem mba u lu tagher a mi ken iyol you hegen ne. Ka mbampin uhar mba nyi nahan u soo u pinen ve fan er yange ve nôngo a mbamtaver mbana? Nger mbampin mban shin inya. Tôndo hen ngeren ne, maa za tese mbamaren ou.

1

2

