

Ungava Sei Nemwoyo Murefu?

Ndepapi paungaratidza mwoyo murefu? Mwoyo murefu unogona kutibatsira kuti timirire tiri mumutsetse kana kuti tidadimburira mumwe paanenge achitaura.

Vabereki, shandisai pepa rino pamwe chete nemimwe mienzaniso pakukurukura nevana venyu nezvemaraidziro avangaita mwoyo murefu.

Vana, tsvagai mapikicha ari kubuda Kuda achiratidza mwoyo murefu uye chibvai makala mapikicha acho.



