

Mazano Pakudzidza Mumwe Mutauro

1

ZIVA CHINANGWA CHAKO

"Nyora zvikonzero zvauri kudzidzira mutauro wacho, uye zviverenge pese paunonzwa sekuti wava kuda kuregera kudzidza."—Serina.

Unoda kudzidza mutauro upi?

Nei uchida kuudzidza?

Mutauro:

Zvikonzero:



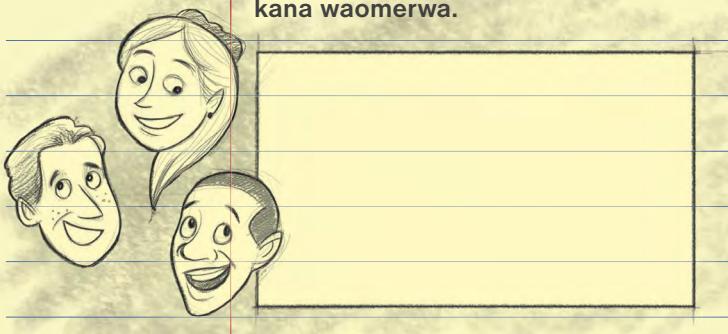
2

TSVAGA VANOKUBATSIRA

Nyora mazita evanhu
vaunogona kuzobvunza
kana waomerwa.

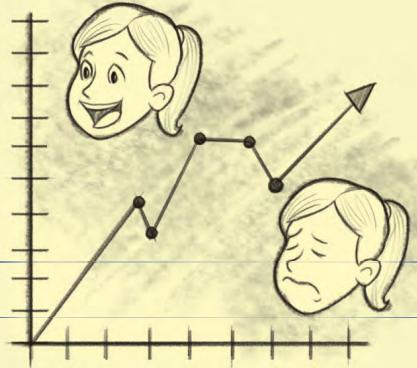
"Pandaizidza chiSpanish, panewo vanhu vaichidzidzirawo. Saka taibatsirana uye taikurudzirana. Ndaivavunza kana vainewo zvaravi kusanangana nazvo zviri kuvaomera uye kuti vari kuzvikunda sei."—Helena.

"Kuti utobata mutauro unofanira kutoshanda nesimba."—Christopher.



3

USAORA MWOYO



*"Nhasi unogona kunzwa sekuti
wava shasha chaiyo, asi
mangwana unenge wavakunzwa
sekuti hapana chauri kugona!"*

—Vivian.

**"Usaora mwoyo kana
vamwe vachikurumidza
kubata kukupfuura. Vanhu
havafanani."**—Thomas.

Zvipe matargets madiki ari nyore kusvitsa

uye achakubatsira kuti usaora mwoyo.

4

DZIDZIRA MAZUVA ESE

Nyora kuti zuva rimwe
nerimwe uchada kudzidza
mutauro iwoyo kwenguva
yakareba sei.

**"Kana ukashanda nesimba,
uchakurumidza kubata. Asiwo
kana ukangoita zvemasiyandaita,
kubata mutauro wacho kuchatora
nguva."**—Danielle.

Muvhuro	Chipiri	Chitatu	China	Chishanu	Mugovera	Svondo

5 JAIRANA NETSIKA DZACHO

"Ndinoedza kudzidza nezvevanhu vanotaura mutauro wandiri kuda kudzidza. Ndinotarisa maitiro avanoita zvinhu zvavo, ndinomboedza kudya chikafu cheko uye kuteerera nziyo dzeko. Kudzidza mutauro haisi nyaya yekungoziva kuti chakati chinonzi chii!"

—Alexis.

Zvii zvaungaita kuti ujairane netsika dzevanhu vemutauro wauri kuda kudzidza?

6 SHANYA KUNYIKA YACHO

"Takamboenda kuChile tikagarako kwemwedzi 8 uye takakurumidza kubata chiSpanish nekuti taichinzwa chichitaurwa mazuva ese."—Natasha.

Kala nzvimbo yaunoda kuzoshanyira.



Ndekupi kwaungaenda kune vanhu vanotaura mutauro wauri kuda kudzidzidzira?

"Iva nenguva yekuverenga mabhuku emutauro wacho, yekudzidzira kuunyora, kuutaura uye kuteerera nziyo dzeko. Kuti uzonyatsotsenura mutauro wacho, unofanira kuita zvese izvi."—Allison.