

# Tips for Learning a Language

1

## HAVE A PURPOSE

*"Make a list of the reasons you are learning a new language, and go over that list whenever you feel like giving up."—Serina.*

Which language would you like to learn, and why?

Language:

Reason(s):



2

## HAVE A SUPPORT SYSTEM

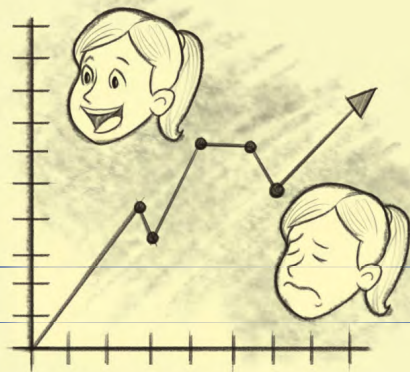
Name some people you can turn to when you face challenges.

*"When I was learning Spanish, I had a support team made up of other learners, and we would encourage one another. I would talk to them about the challenges they faced and how they overcame them."—Helena.*

*"You won't become fluent in a language unless you immerse yourself in it."  
—Christopher.*



# 3 FIGHT DISCOURAGEMENT



*“One day you feel as if you’ve mastered the language, and the next day you feel as if you know nothing!”—Vivian.*

What small goals can you set for yourself that will be easy to reach and that will help you to avoid discouragement?

**“Don’t be discouraged if others advance faster than you do. Everyone is different.”—Thomas.**

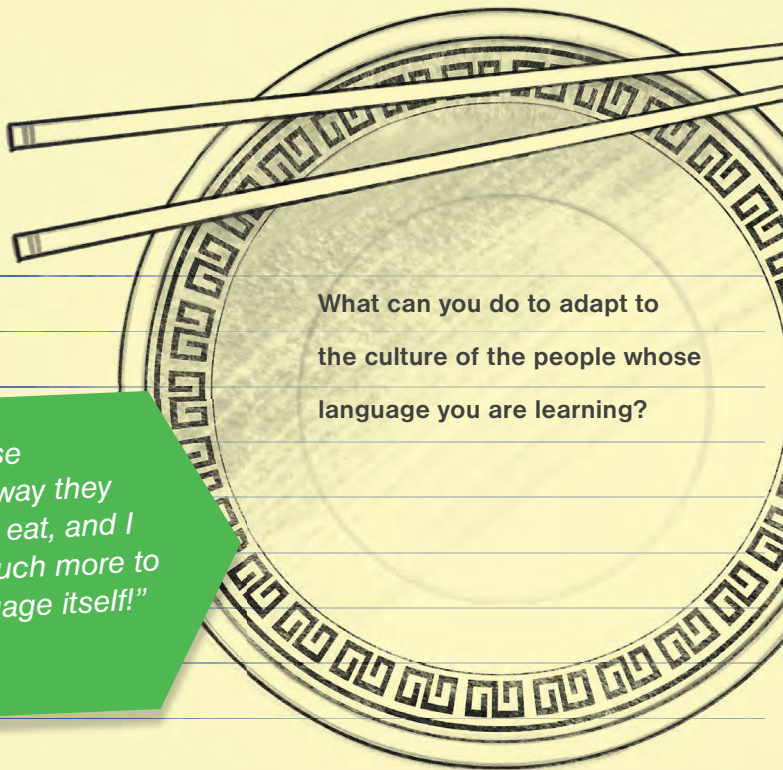
# 4 PRACTICE DAILY

*“If you put forth a lot of effort, you’ll learn faster. On the other hand, if you’re less committed, your progress will be slower.”  
—Danielle.*

Write down the amount of time you can devote each day to learning the new language.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

# 5 ADAPT TO THE CULTURE



What can you do to adapt to the culture of the people whose language you are learning?

*"I try to learn about the people whose language I'm learning. I notice the way they do things, I try the food they like to eat, and I listen to their music. There is so much more to learning a language than the language itself!"*

—Alexis.

# 6 VISIT THE COUNTRY



*"We visited Chile for eight months, and we picked up Spanish quickly just by hearing it all day long."*

—Natasha.

Highlight the part of the world you'd like to visit.

Whether you can travel to another country or not, where can you go to be surrounded by people who speak the language you are learning?

*"Spend time reading, writing, speaking, and listening. To become fluent in a language, you must include all four of those activities."*—Allison.