

# Thuthukisa Imithandazo Yakho

Itshathi le izakusiza ubone ukuthi imithandazo yakho injani ubusuyithuthukisa.

## OKUTHANDAZELAYO

Uyake uzithole usuphindaphinda imithandazo efananayo yini? Nxa kuyake kwenze zama okulandelayo:

Bhala izinto ezintathu ofisa ukubonga uNkulunkulu ngazo.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

*“Ukubonga uJehova kwenza ngimthande kakhulu njalo kwenza ingqondo yami ihlale icabanga okuhle angenzele khona. Kuyangisiza lokuthi ngibe ngumuntu obongayo zikhathi zonke.”*  
—UJeanette.

Khathesi bhala izinto ezintathu ezikukhathazayo.

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2. \_\_\_\_\_
3. \_\_\_\_\_

*“Ukutshela uJehova izinto ezingihluphayo kuyangince-da ukuthi ngingahlali ngikhathazekile futhi kwenza abe ngumngane wami omkhulu.”*—UKiara.

Qamba abantu abathathu abaphakathi kobunzima.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

*“Kuqakathekile ukuthandazela abazalwane abaphakathi kobunzima kumbe ukuthandazela umuntu omaziyo osebunzimeni obuthile.”*  
—UShelby.

Izinto ezingu-9 ozibhalileyo ungazifaka emithandazweni yakho.

**Zama Lokhu:**

*“Kuyanceda kakhulu ukuqala ubhale phansi izinto ofuna ukuzifaka emithandazweni wakho. Ngokuhamba kwesikhathi uzacina usubhala izinto ezinengi njalo kuzakuba lula ukukhuluma loJehova umtshela loba yini esengqondweni yakho.”*—UCiara.



# IMITHANDAZO YAKHO

Hlola ukuthi kungaphi lapho ongathuthukisa khona imithandazo yakho.

## ILOHLONZI YINI?

(Khangela uHeberu 5:7)

## UTHANDAZA KANGAKI?

(Khangela u-1 Thesalonika 5:17)

## MIDE OKUNGAKANANI?

(Khangela u-1 Samuyeli 1:12)

Ufuna ukuyithuthukisa njani imithandazo yakho?



“Ngezinye izikhathi ngiyake ngicabange ukuthi imithandazo yami angiyenzi ngenhliziyo yonke. Ngithwala nzima ukutshela uJehova indlela engizizwa ngayo.”—ULauren.

Engifuna ukukwenza: \_\_\_\_\_

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“Siyasithola isikhathi sokubhalela abangane bethu loba esokukhuluma labo emafonini. Kodwa okumele sikuqakathekise kakhulu yikuxoxa loJehova.”—UAlana.

Engifuna ukukwenza: \_\_\_\_\_

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“Akukubi ukuthandaza isikhathi eside ngoba kukunika ithuba lokutshela uJehova okusenhliziyweni yakho.”—UTeresa.

Engifuna ukukwenza: \_\_\_\_\_

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# OKUNGAKUNCEDA

## Thandaza loba nini

Untombazane okuthiwa nguMaria uthi: “Nge-  
linye ilanga ngakhangela isibhakabhaka nga-  
bona ubuhle baso ngahle ngathandaza ngi-  
bonga uJehova ngezinto azidalileyo.”



## Thandazela endaweni ethuleyo

Omunye osakhulayo okuthiwa nguKimberly  
uthi: “Ngezinye izikhathi ngiyaphuma phandle  
ngithandaze kuJehova. Ukubona ubuhle bezi-  
nto azidalileyo kwenza ngibe seduze laye,  
kuba angani ngikhuluma lomuntu oseceleni  
kwami.”

**Indawo ezithuleyo engingathandazela  
kuzo:**

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## Bala imithandazo eseBhayibhilini

UHelena uthi: “Ukubala ibhuku lamaHubo ku-  
yanceda kakhulu. Kwenza ngibone ukuthi  
abanye babethandaza njani kuJehova bese-  
ngizama ukubalingisela.”

**Imithandazo eseBhayibhilini engiyithanda  
kakhulu:**

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